



How to Grow Your Own Fodder System

You will need:

- Drawer storage trays (we recommend 3 sets) – see picture or shallow seed trays
- Drill with a 3–5mm bit
- Bulk whole grain – barley, wheat, or oats work well
- Bucket
- Water

Instructions:

STEP 1:

Soak your grains of choice in a food-grade bucket or bowl overnight. This will jumpstart the process.

STEP 2:

Take your drawer storage trays or shallow trays and drill holes around 5cm apart. Just on the bases, this is for drainage (exclude the bottom tray if using a drawer system).

STEP 3:

Fill the top tray with soaked seed up to around 1cm deep. Repeat steps 1–3 every day until you have a full cycle set of fodder. As you fill a new tray, move it down the drawers (so the new tray is at the top).

STEP 4:

Keep the grains moist, but not soaking wet, until they begin to sprout. Water the top once to twice daily and let the water run through to the lower trays. Empty the lowest tray before watering again. Make sure you've set them in a sunny place so they grow quicker.

STEP 5:

After 3–7 days, your fodder will be sprouting nicely, depending on the temperature in your home or where the fodder is located. Once the tray is at your desired length flip the fodder mat out, give it to your chooks and cycle that tray to the top of the drawer system to fill the next day.

Fodder can take a few tries to master, but once you've mastered it, you'll begin putting together a constant rotational system that suits your needs.

Extra Tips for Success:

- Use clean, fresh water to avoid mould or bacteria growth
- If your climate is humid, consider increasing airflow around the trays
- Rinse grains a few times before soaking to remove any debris or dust
- Don't overcrowd the trays—too thick a layer can lead to spoilage
- If mould is an issue, a splash of apple cider vinegar in your rinse water can help